

Information Pack 2025



The Battle of the Schools (BOTS) is back for another year and is an epic teambuilding challenge to compete in with your friends. Combining track cycling, food trucks, music, and prizes. Not to mention a fun 6-week course with our accredited coaches helping your team to get ready for race day. All whilst completing your accreditation and having fun with your friends.

The BOTS is for everyone, whether you have ridden the track before or not! Our coaches teach you all the necessary skills to turn you and your team into track cycling super stars. The accredited riders amongst you will be able to help your teammates whilst dialing in on some speed.

Your accreditation is built into the 6 weeks of training and entry cost. Providing you complete all the necessary skills; our coaches will sign you off, enabling you to become a regular track rider where you have the option to join in the Grassroots Trust Velodrome's after school junior program and so much more! We are also offering a one-off free entry into our regular Friday Night schools racing on Friday 4th April. Enabling you to get a feeling of what track cycling is all about and what it feels like to race as an individual.

Attached is an information pack with everything you need to know about the 2025 BOTS event, track cycling and our pathway at the Grassroots Trust Velodrome.

For all information regarding the 2025 BOTS event please check out our website <u>www.velodrome.nz</u> or contact <u>mya.anderson@velodrome.nz</u>

2025 Series Dates

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Entries close: 5pm Monday 21st February **Training starts:** 2nd March (6 weeks of training) **Race day:** Sunday 13th April (details to follow)

Event Composition and Training

TEAM SPRINT - 750m.

A team sprint is a three-lap race consisting of 3 riders. The team drops a rider at the completion of each lap until only one rider per team is left to race in the final lap. The winner is the team with the fastest time. This provides the opportunity for novice riders to ride anywhere from 1 to 3 laps with their team, depending on the start order and your Grassroots Trust Velodrome Coaches knowledge to guide you through this process and the necessary skills to participate. With at least three races guaranteed, it really is a race anyone can do.

Grassroots Trust Velodrome bikes and helmets are included in the entry fee and riders are encouraged to make use of these.

The minimum number of riders required per team is three. A 4th rider is recommended as a backup encase someone can't make race day. Or all four riders can swap in and out on race day as there are multiple rounds of racing.

For some inspiration, check out our NZ women's team sprint winning silver at the Tokyo Olympics here https://olympic.org.nz/videos

Eligible Riders

- Each team member must attend the school that they are representing
- Riders must be at least **10 years of age** and **135cm tall**
- Each rider **must complete a minimum of 5 out of 6 trainings** (due to safety and accreditation purposes) *Catchup sessions are available with info to come once entered*.

Please note that for your child to pass the accreditation process that is built into the 6 weeks of training, they must complete all necessary requirements as per the Grassroots Trust Velodrome's accreditation process. If your child does not complete the necessary requirements, they are still eligible to participate in BOTS. However, they will have to undergo a further process to pass their accreditation to be eligible to ride regularly.

Please follow this link for more information on our accreditation process <u>https://www.velodrome.nz/track-accreditiation/</u>

Categories

There are four categories.

- Accredited Senior Teams (Years 9-13) minimum of 2 accredited riders per team AS
- Accredited Junior Teams (Years 5-8) minimum of 2 accredited riders per team AJ
- Novice Senior Teams (Years 9-13) maximum of 1 accredited rider per team **NS**
- Novice Junior Teams (Years 5-8) maximum of 1 accredited rider per team NJ



Equipment and Gearing Reminder

If you have your own bike, you are welcome to use it for training and race day. The bike must have standard spoked wheels. **Gearing for the Team Sprint is 81" (48x16).** Grassroots Trust Velodrome bikes and helmets are included in the entry fee and riders are encouraged to make use of these. During all training sessions it is required that sneakers are worn with laces securely tucked in and appropriate sporting attire (no singlets allowed). Watches/bracelets/rings are not to be worn. You may bring your own helmet if you wish, although visors/peaks are not allowed.

Awards/Prizes

The awards ceremony will be at the conclusion of racing on race day. There will be awards for each category, spot prizes throughout the day and more!

Team Supporters/Spectators

Race Day is the perfect time to show your team spirit and get behind your riders! We would love to see banners and signs in support. We've got spot prizes for the best dressed/ loudest supporters so go wild!

<u>Spectator entry is a gold coin donation</u>. There will be special access to the food trucks in the infield and interactive games for spectators - there's something for everyone. (Kids U14 free entry).

Let's see it!

Each school is invited to display a free-standing school banner in their pit area in the infield on race day. Make sure you get your supporters some signs to hold up! Please feel free to bring bells etc to make some noise.

Entry Costs

\$100 per rider

This cost includes:

- 6 weeks of training with our Grassroots Trust Velodrome accredited coaches
- Entry into Friday Night Schools Racing on 4th April (5:30-8:30pm) **OPTIONAL**
- Entry into 2025 Battle of the Schools
- Completed accreditation (worth \$100)
- X2 Free spectator entry tickets
- Helmet and bike access

Entry fees must be paid in full to the Grassroots Trust Velodrome on completion of your eventplus form.

Entry forms close on 5pm 21st February.



Training Times Information

Training will take place over 6 weeks; your child **must** attend at least 5 sessions.

The training sessions will run from 2nd of March until 9th April.

Please ensure arrival at least 15min before their session begins.

Catchup training sessions will be available closer to race day for any missed sessions (dates/times to be communicated at later date).

All riders in the same team must attend the same training time.

Each rider will choose a preferred training time when completing the entry form.

Once all team members have submitted their entry forms, the most common preferred training time will be selected for your team. You will receive a confirmation email regarding your teams confirmed training time.

Please only tick the during school option (Wednesday 12-1) if your school has agreed to being able to take your child's team during school time.

Please note that out of town riders will be given priority.

Available training times:

- Mondays 6-7am
- Tuesdays 6-7am; 5:30-6:30pm; 6:30-7:30pm
- Wednesdays 12-1pm
- Sundays 9:30-10:30am; 10:30-11:30am; 11:30am-12:30pm; 12:30-1:30pm; 1:30-2:30pm

How to Enter

Head to our website <u>www.velodrome.nz</u> and click ENTER HERE.

Each participant needs to complete their own entry form!

You will need some pre-organized information to fill in the entry form.

- Team Name
- Each team mates first and last name
- Individual Payment
- Your preferred team training time
- Your team's category (refer to the categories paragraph on page 3)

More Information/Contact

Please keep checking out website as we will be constantly updating with more information regarding things such as training information and race day information. If you have any questions or concerns about BOTS, please email <u>mya.anderson@velodrome.nz</u>.



General Track Cycling Information

Track cycling at the Grassroots Trust Velodrome is a dynamic and exhilarating sport where cyclists ride fixed gear bikes on a world class facility, right here in the home of champions. The races feature various events consisting of sprint, endurance, and team events. The steep 43.5-degree banking's requires precise handling and skill. Track cycling combines speed and strategy, making it a thrilling spectacle or both participants and spectators.



Track cycling is an all-year-round sport. This is great as it works in well with other seasonal sporting commitments. Not to mention it's a great sport over winter months as it's constantly warm inside! Track cycling also comes with many positive benefits. The mental and physical demands required in track cycling, not only result in improved physical development and overall fitness but can improve discipline and focus in an individual. Track cycling also develops strong camaraderie and often results in long lasting friendships - for both cyclists and parents.

Grassroots Trust Velodrome Pathway

Junior Coached Sessions:

Our junior program offers young riders a pathway of continual development as they progress through the squads. Who: Accredited riders 10-19 y/o (At least 135cm tall) When: During School Term

Cost: \$125 per term or \$20 casual

Bikes: Bikes & Helmets available for all, free of charge

JUNIOR COACHED 1 - Thursdays 4-5pm. A squad for young/learning riders. Key focus on learning races and developing track skills. On & off-track learning. 25 spots available.

Junior Racing:

Junior Racing is an exciting night where kids match themselves against their mates and put their skills into practise. Bunch racing, team racing & drills. Lots of prizes and fun involved for all.

Who: Accredited school riders

When: Every second Friday during term. 5:30-8:30pm

Cost: \$15 pre-entry or \$20 on the night

Bikes: Bikes & Helmets available for all, free of charge

Check out <u>https://www.velodrome.nz/schools-racing/</u> for up-to-date information and the 2025 information pack. (*By entering BOTS, you receive free entry into the race night on April 4th*).

To check out what else we have to offer and for more information please follow us on Facebook, Instagram or head to our website. <u>https://www.velodrome.nz/programmes/</u>

